

Example work session: Career moments interwoven into the programme (1.5 hours)	
Preparation	• Print out the career guidance moments map in large format • If necessary, email the map to participants in advance
Objectives	• Identify career moments that occur in the training programme. • Make an inventory of existing activities for each career moment. • Identify desired new activities for each career moment.
Method	<u>Introduction (10 min)</u> Explain the objective and method. Link the meeting to the existing vision/policy and objectives of the team or school. If necessary, start with a brief introduction. If everyone already knows each other, start with the question 'What role do you play in our students' careers?' or a variation thereof. <u>Exploring the map (20 min)</u> Calmly explain the map: career moments and goals, appropriate activities, sample questions for conversations. Clarify questions from team members. For each career moment, check: • Do we recognise this career moment for our students? • Where does it fit into our programme, how explicit or implicit is it for us? <u>Identify career moments in your own programme (45 min)</u> Discuss or think in small groups about the career moments in your own programme: • To what extent can career moments be used as a framework for career guidance services in your institute? • Which career moments can form the common thread in our programme? • What goals do we see for each career moment? • Which activities fit in with this? • What are we already doing (in career guidance sessions, vocational subjects, internships, etc.) and what are we not yet doing but would like to? Ensure that there is enough time left after group work to exchange ideas. <u>Determine actions for follow-up (15 min)</u> Identify priorities, determine follow-up actions and make agreements.
Afterwards	Share a report and the agreements made with the team. Ensure appropriate follow-up.