



Job exploration

Reflection questions

Where can I find work that best suits me?
Why there?

Indicators

- I have an idea of the content of the work that I am learning for.
- I know which professional competencies are needed for the work that I am learning for.
- I know which learning activities I need to undertake to be able to develop those professional competencies.
- I can explore the organisational culture of a company.
- I am aware of developments in the professional field.
- I can link developments and culture with my qualities and motives.
- I know what the current professional dilemmas are in the work for which I am being educated.

Explanatory notes

- Find out about the work and the activities: what are the existing and potential requirements and values in a potential future profession.
- You will develop the competence to find work and activities, in which:
 - your personal values match the norms and values that apply to that work;
 - your qualities fit in with the developments that occur in that work.
- Broaden your work horizon. Explore workfields that you have little or no knowledge of.
- Deepen your knowledge of the professions your interested in, but do not have sufficient knowledge of.

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*Career competencies Kuyjpers,
M.A.C.T. (2003)*

How do you shape your career?

